January 15, 2024

Scroll K Guide To Fruit For Tu B'shvat

FRESH FRUIT are acceptable without certification unless imported from Eretz Yisroel. All produce from Eretz Yisroel requires certification to ensure that all appropriate halachos were observed.

CANNED FRUITS

- If originating from China and Israel, reliable certification is necessary.
- If originating from other countries.
 - o If only these ingredients are listed: fruit, ascorbic acid, citric acid, corn syrup, high fructose corn syrup, salt, sugar, sulfur dioxide and water; no certification is required.
 - o If it contains one or more of these ingredients: flavorings, colors, grape juice or glycerin; reliable certification is necessary.
 - o If it contains other ingredients, it may require kosher certification. Check with our office for further information.

FREEZE DRIED AND SPRAY DRIED FRUIT generally require certification.

FROZEN FRUIT Generally, any fruit which is acceptable when fresh is acceptable when frozen, as well. This is only true if there are no additives. **Frozen blueberries and strawberries** (conventional) without certification for infestation may be blended into a smoothie.

The following is a list of commonly eaten, processed fruit		
Name of Fruit	Kosher Certification Required?	Comments
Apple, dried	Required	
Apricot, dried	Without additives, do not require certification	Sulfur dioxide is not a concern
Banana, dried	Required	The correct bracha is Ho'adama.
Carob	No certification required	Requires inspection for insects. Powdered carob does not require inspection.
Cherry, dried	Required	
Cranberry, dried	Required	
Currant	R <mark>eq</mark> uired	
Date	Without additives, do not require certification	Dried dates require inspection. Slice open each date and check for worms and beetles inside.
Fig	Without additives, do not require certification	Requires inspection. Turn the fig inside out and looking for noticeable webbing. After inspecting a few fruit in a package and no webbing is found, no further inspection is necessary.
Mandarin	Do not require certification, unless they originate from China or there are added ingredients, such as	
Orange, canned	grape j	uice (see above).
Mango, dried	Without additives, do not require certification	
Nectarine, dried	Without additives, do not require certification	Sulfur dioxide is not a concern
Nuts	Unflavored raw nuts are acceptable without certifica roasted, cooked, boiled, flavored, colored, or have ingredients, require reliable certifications.	added kosher-sensitive Peanuts are actually legumes and are
Papaya, dried	Required	
Peach, dried	Without additives, do not require certification	Sulfur dioxide is not a concern
Pear, dried	Without additives, do not require certification	Sulfur dioxide is not a concern
Pineapple, dried	Without additives, do not require certification	Sulfur dioxide is not a concern. The correct bracha is Ho'adama.
Pomegranate Seeds/Arils	Without additives, do not require certification	
Prunes	Without additives, do not require certification	Sulfur dioxide is not a concern
Raisins	Domestic raisins do not require certi-	fication unless they are oil treated or flavored.
For our produce guide, see www.scrollk.org/kosher-produce		

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