



## **FISH PRODUCTS**

Reviewed August 2024

**Canned Fish** – Requires reliable certification.

**Caviar/ Salmon Roe** - Requires reliable certification.

**Cooked Fish** – Requires reliable certification.

**Fillet** –

- Breaded or skinless, requires reliable certification.
- With skin, not breaded, see **Fresh Fish**.

**Fresh Fish** – Whole fish and fish steaks should, preferably, be purchased from a store which has reliable rabbinical supervision. This is because non-kosher stores that sell fish commonly use one knife to cut different species, kosher and non-kosher alike. Therefore, residue from the slicing of non-kosher fish may remain on the blade of the knife and, subsequently, be rubbed onto the cutting site of the kosher fish. However, when this option is unavailable, one may buy whole fish or fish steaks, even gutted, from any store, provided the following conditions are met:

1. One did not actually see the kosher fish soaking amidst non-kosher fish.
2. Some removable scales are still on the fish.
3. Prior to cooking the fish, one should take a straight edged knife and, using only minimal pressure, scrape off the area where the store knife would have cut. This would remove any residue from the blade that cut the non-kosher fish. *(No solid fish pieces are cut or removed during this process.)*
4. Subsequently, wash the fish thoroughly.

**Gefilte Fish** – Requires reliable certification.

**Ground Fish** – Requires reliable certification.

**Imitation Crabmeat** – Requires reliable certification. (Available at East Side Kosher Deli.)

**Lox** – Requires reliable certification.

**Salmon,**

- Fresh – see **FRESH FISH**
- Frozen is acceptable with the same conditions as fresh salmon.

**Smoked Fish** – Requires reliable certification.



**The following is a partial list of kosher and non-kosher species of fish:**

Note: To verify that a fish is kosher, one **MUST** see that it has removable scales, it is insufficient to rely on the name listed on the label or sign.

<b>Some Varieties of Kosher Fish:</b>			<b>Some of Non-Kosher Varieties:</b>
<b>Albacore</b>	<b>Herring</b>	<b>Sardines</b>	<b>Catfish</b> <b>Eel</b> <b>Grayfish</b> <b>Puffer</b> <b>Shark</b> <b>Snake Mackerel</b> <b>Sturgeon</b>
<b>Bass</b>	<b>Mackerel</b>	<b>Snapper</b>	
<b>Buffalo Fish</b>	<b>Mahi Mahi</b>	<b>Sole</b>	
<b>Carp</b>	<b>Blue Marlin</b>	<b>Suckers</b>	
<b>Char Cod</b>	<b>Orange Roughy</b>	<b>Trout</b>	
<b>Flounder</b>	<b>Perch</b>	<b>Tuna</b>	
<b>Goldfish</b>	<b>Pike</b>	<b>Walleye</b>	
<b>Grouper</b>	<b>Pollock</b>	<b>Whitefish</b>	
<b>Haddock</b>	<b>Salmon</b>	<b>Whiting</b>	
<b>Halibut</b>			