The Scroll K/Vaad Hakashrus of Denver
245 S Benton Street, Lakewood, CO 80226
Office: (303) 595-9349 | Fax: (303) 629-5159 | www.scrollk.org

בס"ד

September 7, 2026

Rosh Hashana Food Guide

For Rosh Hashana, there are many customs of eating various foods. A general guide to which foods require kosher certification can be found on our website. Here are some Rosh Hashana-related items:

1. **Fresh Fruit and Vegetables** are acceptable without certification unless they are imported from Eretz Yisroel. Produce from Eretz Yisroel requires certification to ensure that all appropriate halachos were observed.
2. **Fish:** Raw fish can be purchased without certification using the criteria in our fish guide. This applies to whole fish, cuts or fish heads.
3. **Honey** –
   - Unflavored liquid honey does not require certification. This includes Honeycomb. This includes varieties such as Clover, Orange Blossom and Wildflower, which are botanical sources of the nectar rather than added flavor.
   - Flavored honey requires reliable certification.
   - Non-filtered honey is not recommended without certification.

The following foods have infestation concerns regardless of certification status. For more information, see our produce guide.

1. **Figs:** Require inspection by turning the fig inside out and looking for noticeable webbing. If you check a few fruit in a package and there is no webbing, the rest may be used without inspection.
2. **Dates:** Whole dates and all imported dates require inspection; domestic pitted dates do not require inspection
3. **Leek:** Examine the outside for any leaf miner trails. Check between the layers for thrips or other insects.
4. **Golden Raisins from California** should not be used, even when bearing a generally accepted certification. Currently, this concern does **not** apply to red raisins or currants.
5. **Black Eyed Peas:** Dried Peas should first be boiled in water. After they have been fully cooked, allow the peas to soak in the water for 2-3 hours. The peas will then swell and the peel will become translucent**.** Then check as instructed below. (Canned or Frozen Peas may be checked straight out of the can/bag; there is no need to boil or soak.) To check all types:
   - Inspect the peas for holes or dark-colored stains, as this may indicate an insect beneath the thin peel.
   - If there is a dark spot on the peel, remove the thin skin and check if there is a cavity with a bug in it. NOTE: The black "eye" spot is not a sign of infestation. Similarly, orange-colored stains on the surface are not signs of infestation; only dark or black stains are of concern.

As always, feel free to call our office with any questions.

Scroll K takes this opportunity to wish everyone a happy and healthy new year!

כתיבה וחתימה טובה

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September 9, 2026

Pas Yisroel List

With the upcoming Yemei Teshuvah (Days of Repentance) when refraining from non-Pas Yisroel products is recommended, as well as for those who wish to utilize this information year-round, we have compiled a list of Scroll K certified products which are Pas Yisroel.

The following is a synopsis of Pas Yisroel:

Pas Yisroel only applies to items which are, a) made from wheat, barley, oats, rye or spelt **and** b) have a bread-like appearance.

Pas Yisroel applies to items such as bread, bagels, pizza, cake, crackers, cookies, bread croutons and pies.

Pas Yisroel does not apply to items such as rice cakes, granola bars, Cheerios® and raw pasta.

365 by Whole Foods Market: All breads and rolls with Scroll K symbol are Pas Yisroel.

Aldi's (Specially Selected® and Simply Nature® brand): All breads with Scroll K symbol are Pas Yisroel.

Asli Mediterranean Grill: All products are Pas Yisroel.

Brickfire Bakery®: All breads and rolls with Scroll K symbol are Pas Yisroel.

Brooklyn Pizza: All products are Pas Yisroel.

Delancey Street Deli® brand items with Scroll K symbol are Pas Yisroel.

East Side Kosher Deli: All products baked at, or served in, East Side Kosher Deli are Pas Yisroel. Many Pas Yisroel items are available in the supermarket section as well.

Fredrik's by Meijer™: All breads and rolls with Scroll K symbol are Pas Yisroel.

Full Circle Market™: Take & Bake breads with Scroll K symbol are Pas Yisroel.

Izzio: All breads and rolls with Scroll K symbol are Pas Yisroel.

King Soopers in-store bakeries: All bread products with Scroll K PY symbol (PY= Pas Yisroel) at Scroll K certified King Soopers bakeries. The in-store certified bakeries are located at:

- 1650 30th St., Boulder, CO 80301, Store # 61
- 4600 Leetsdale Drive, Glendale, CO 80246, Store # 124
- 4910 S. Yosemite St., Greenwood Village CO 80237, Store # 100
- 6470 E. Hampden Ave. Denver, CO 80222, Store # 26
- 890 S. Monaco Pkwy, Denver, CO 80222, Store # 35

L'chaim Kosher Restaurant: All products are Pas Yisroel.

Nature's Promise™ products with Scroll K symbol are Pas Yisroel.

Publix (Greenwise): All breads with Scroll K symbol are Pas Yisroel.

Rosenberg's Kosher: All products baked at Rosenberg's Kosher are Pas Yisroel.

Sprouts™ Farmers Market: All breads with Scroll K symbol are Pas Yisroel.

The Braided Loaf: All products are Pas Yisroel.

As always, feel free to call with any questions.

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